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The Shaolin style of kung fu is regarded as one of the first institutionalized Chinese martial arts. The oldest evidence of Shaolin participation in combat is a stele from 728 CE that attests to two occasions: a defense of the Shaolin Monastery from bandits around 610 CE, and their subsequent role in the defeat of Wang Shichong at the Battle of Hulao in 621 CE.

Chinese martial arts - Wikipedia

In general, kung fu/kungfu or gung fu/gongfu (/ ˈkʊŋ ˈfuː / () or / ˈkʊŋ ˈfʊː /; ǎŋfʊ, Pinyin: gǎngfu) refers to the Chinese martial arts, also called wushu and quanfa. In China, it refers to any study, learning, or practice that requires patience, energy, and time to complete. In its original meaning, kung fu can refer to any discipline or skill achieved through hard ...

Kung fu (term) - Wikipedia

Tai Chi Fan Taijiquan Fan, Taiji Kung Fu Fan, Competition Fan, Wushu Fan, Tai Chi Fan Dance, Martial Fan Forms . Bibliography Links Quotations Professor Li Deyin's Fan Forms Cloud Hands Blog . Research by Michael P. Garofalo

Tai Chi Fan, Taiji Kung Fu Fan, Wushu Fan, Shan Wu

Chinese martial arts -- Find potential answers to this crossword clue at crosswordnexus.com

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Area controlled by the People's Republic of China shown in dark green; claimed but uncontrolled regions shown in light green.

China - Simple English Wikipedia, the free encyclopedia

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